



The Princess Royal Trust

Poetry Workshop

Do you fancy yourself as a poet?
Maybe you could be the next Poet Laureate?
Maybe you've never written a poem but
would like to try?

Then come and join us for an informal
poetry workshop.
Listen to some classics and prepare to write
your own

Thursday 1st April

6pm - 8pm

at

Sefton Carers Centre

27 -37 South Road

Waterloo

L22 5RF

Places are limited so please phone and book with Petra on
0151 288 6060



The Princess Royal Trust
for Carers

Sefton Carers Poetry Competition

Do you fancy yourself as a poet? Maybe you could be the next Poet Laureate. Maybe you've never written a poem but would like to try, then why not enter our competition.

In line with this years theme for Carers Week the theme of the poem will be.

'A Life of My Own'

There is a £25 prize for the winner. The winning poem will be performed along with the runners up in Carers Week, which is in June. Winners and runner up will be announced in the May Carers Contact.

For full details of the competition and the rules then please go to our website www.sefton-carers.org.uk , call in or ring the centre for more information.

Entry Details and Rules

- You need to be registered carer with Sefton Carers Centre
- You will need your Carers Registration number. (If you don't know your number then ring the centre on 288 6060 who will give you your number.)
- Each poem must be accompanied with an entry form. These can be downloaded from www.sefton-carers.org.uk or from the carers Centre on South Road
- All poems are to be anonymous, with only your Carers registration number written on the top left hand corner for identification.
- Poems must not exceed 40 lines and must be typed on one side of A4 white paper with no illustrations
- Closing date for entries is April 30th 2010
- Copyright remains with the poet however finalists' poems may be used by competition organisers free of charge in promotional material or display for up to two years
- Poems must be the original work of the author and previously unpublished
- **The judges decision is final**



Sefton Carers Poetry Competition Entry Form

Please make sure that your Carers registration number is also written on the left hand side of your poetry entry.

Carers Registration Number (you can find this number out by ringing the carers centre)

Title

Full Name.....

Address.....

.....

.....

Postcode.....

Telephone Number.....

Closing date for entries is Friday April 30th
Need some inspiration, then come and join our Poetry

workshop on
Thursday 1st April at
The Sefton Carers Centre
27 – 37 South Road
6pm – 8pm
Booking essential

0151 288 6060 and ask for Petra McCauley